

AFNR Natural Resources

Ecological Footprint

Ecological Footprint measures the amount of biologically productive land and water area an individual, a city, a country, a region, or all of humanity uses to produce the resources it consumes and to absorb the waste it generates with today's technology and resource management practices. This demand on the biosphere can be compared to biocapacity, a measure of the amount of biologically productive land and water available for human use. You can measure your footprint by clicking on the link above or visiting www.earthday.org/footprint-calculator

Write down all of the things you have done today. Start with where you woke up and what kind of bed you have in what kind of house... Fill in the chart with the resources that are used to accommodate those activities.

Activity	Resources used
Example: Ate oatmeal for breakfast	Soil, oats, fertilizer/pesticide to grow oats, truck to haul grain, factory to process/produce cereal

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