

## Rubric for What is Your Protein IQ Cookbook Project

<b>Title Page</b>	<b>5 Points</b>	<b>4 Points</b>	<b>3 Points</b>	<b>2 Points</b>	<b>1 Point</b>	<b>0 Points</b>	<b>Score</b>
Cookbook Title Name(s) Period Course Picture/Graphic	All components included.	Missing <i>one</i> of the components.	Missing <i>two</i> of the components.	Missing <i>three</i> of the components.	Missing <i>four</i> of the components.	No title page included.	
<b>Table of Contents</b>	<b>5 Points</b>	<b>4 Points</b>	<b>3 Points</b>	<b>2 Points</b>	<b>1 Point</b>	<b>0 Points</b>	<b>Score</b>
SOPs are placed in correct order. Appendixes are placed in correct format.	Recipes and worksheets are listed in the correct order.	<i>One-Two</i> items are not listed and/or are out of order.	<i>Three-Four</i> items are not listed and/or are out of order.	<i>Five-Six</i> items are not listed and/or are out of order.	<i>Seven-Eight</i> items are not listed and/or are out of order.	No table of contents included.	
<b>Animal-Based Recipes</b>	<b>10 Points</b>	<b>8 Points</b>	<b>6 Points</b>	<b>4 Points</b>	<b>2 Points</b>	<b>0 Points</b>	<b>Score</b>
Three animal-based recipes typed in correct SOP template	3 recipes included with all SOP components	Missing recipe components on one of the recipes.	Missing recipe components on two of the recipes.	Missing recipe components on three of the recipes.	Recipe does not make sense and/or not formatted properly	Missing all 3 recipes.	
<b>Plant-Based Recipes</b>	<b>10 Points</b>	<b>8 Points</b>	<b>6 Points</b>	<b>4 Points</b>	<b>2 Points</b>	<b>0 Points</b>	<b>Score</b>
Three plant-based recipes typed in correct SOP template and comparable to animal-based recipes	3 recipes included with all SOP components	Missing recipe components on one of the recipes.	Missing recipe components on two of the recipes.	Missing recipe components on three of the recipes.	Recipe does not make sense and/or not formatted properly	Missing all 3 recipes.	
<b>Cookbook Presentation</b>	<b>10 Points</b>	<b>8 Points</b>	<b>6 Points</b>	<b>4 Points</b>	<b>2 Points</b>	<b>0 Points</b>	<b>Score</b>
Typed (using either PowerPoint or iBooks Author) Everything in correct order (following table of contents and SOP Cookbook Requirement Sheet)	Typed Together in PowerPoint or iBooks Author Printed and put in a ½” binder in correct order.	<i>One</i> of the appearance components is missing.	<i>Two</i> of the appearance components are missing.	<i>Three</i> of the appearance components are missing.	<i>Four</i> of the appearance components are missing.	<i>Five</i> of the appearance components are missing.	
<b>A-D Appendixes</b>	<b>10 Points</b>	<b>8 Points</b>	<b>6 Points</b>	<b>4 Points</b>	<b>2 Points</b>	<b>0 Points</b>	<b>Score</b>
All Appendixes are included and complete.	Appendixes A-D are included and complete.	Missing <i>one</i> worksheet and/or questions not answered.	Missing <i>two</i> worksheets and/or questions not answered.	Missing <i>three</i> worksheets and/or questions not answered.	Missing <i>four</i> worksheets and/or questions not answered.	Missing <i>five</i> worksheets and/or questions not answered.	
<b>Nutritional Value</b>	<b>10 Points</b>	<b>8 Points</b>	<b>6 Points</b>	<b>4 Points</b>	<b>2 Points</b>	<b>0 Points</b>	<b>Score</b>
Appendix E: Completed research on protein dietary requirements for various age groups and gender	Completed: Research on all age groups and both genders	Did not complete <i>one</i> of the requirements	Did not complete <i>two</i> of the requirements	Did not complete <i>three</i> of the requirements	Did not complete <i>four</i> of the requirements	Did not complete <i>all</i> of the requirements	

Total: \_\_\_\_\_/60pts