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## **Soy in Food: What is that doing in there?**

### **Quiz: Soy as an ingredient**

1. Explain acid hydrolysis and how it is involved in cheese making?
2. How is cheese making different than making tofu?
3. What role does lecithin play in food formulations? Does it increase the protein content of the food?
4. What qualities of the product are improved by the addition of lecithin?
5. How do food scientists evaluate product characteristics besides eating the product?